



# Testing for coronavirus

If you have symptoms such as a cold, cough, fever or sudden loss of smell or taste, get tested as soon as possible to see if you are infected with coronavirus.

**If you have symptoms and belong to an at-risk group, call your doctor or specialist first.**

To see the list of at-risk groups, go to: [www.rivm.nl/coronavirus-covid-19/risicogroepen](http://www.rivm.nl/coronavirus-covid-19/risicogroepen).

**If you have mild, coronavirus-like symptoms**, for example cold-like symptoms, blocked/runny nose, sneezing, sore throat, cough, fever or sudden loss of smell or taste:

Make an appointment to get tested



Call **0800 1202** for an appointment. Have your citizen service number (BSN) ready.

or

Make an appointment online using your DigiD via [www.coronatest.nl](http://www.coronatest.nl) (choose 'English' at the bottom of the page).

Stay at home until it's time to get the test.

**If you have severe, coronavirus-like symptoms**, for example if you are short of breath, have a fever or feel increasingly ill:

Call your doctor or the out-of-hours GP service (huisartsenpost) right away.



Don't go to the doctor in person.

The doctor will tell you what to do and where to get tested.

The test is free of charge

Stay at home until you know the test result

Make a list of everyone you've been in contact with recently.

You will either receive your test results by phone or receive an e-mail letting you know that your test results can be viewed at the coronatest website.

You'll be informed of the test result as soon as possible.

**If you test negative:**

Keep following the standard hygiene and distancing measures.

If you experience coronavirus-like symptoms again in the future, stay at home and make another appointment to get tested or contact your doctor.

**If you test positive:**

The municipal health service (GGD) will tell you what you and the other members of your household must do. For instance, you will have to stay at home for ten days.

The GGD will trace and call the people you've been in contact with.

You yourself must inform your doctor, employer and/or the doctor of the company/organisation you work for that you have tested positive.

**Whether the result is positive or negative:**

**If your symptoms get worse, contact your doctor.**

**Keep following the basic hygiene and distancing measures:**

- Work from home if possible.
- Keep 1.5 metres away from other people.
- Avoid busy places.
- Wash your hands regularly.
- Cough and sneeze into your elbow.
- Use paper tissues.